

## November Birthdays



Helen Neel 11-11  
James Eggers 11-17  
Florence Swan 11-19  
Clara Grabenstein 11-19

### What's Dean's List?

People who have worked to grow the right hemisphere of their brains to become whole brain thinkers have a tremendous advantage... it's like doubling the brain capacity". Quoted by Dean Brittenham. See calendar for more

### Thanksgiving at Stone Hearth

Rod and his cooks will be serving buffet style. We hope that your family will be joining ours. The charge will be Sunday Dinner pricing. Please let Sylvia know your holiday plan. A blessed Thanksgiving to all.



# Seize every day!



**STONE HEARTH ESTATES**  
Independent Living • Assisted Living • Memory Care

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### marshmallows & missionaries??

It's true, just as April brought us aprons, and September rolled in with "When Cars Were Cool", November will treat us to marshmallows and yes, missionaries. At first glance you might think what does marshmallows have to do with missionaries? But, there are similarities; the words themselves; beginning with "M" and end with "s", 12 letters each too.

Consider too, the numerous kinds of marshmallows, campfire roasting on a stick

marshmallows, small marshmallows in desserts, Jell-O, or sweet potatoes. There are made from scratch marshmallows, and Cinnamon flavored marshmallows. There are chocolate marshmallows that you melt in your coffee. Of coarse marshmallow chocolate covered bunnies, eggs, and even crosses (remember missionaries). Sugar covered, color assorted, holiday promoting marshmallows with their own trade name, Peeps, no less!

There are many different types of missionaries too. As there are religions. People that teach, preach, build, and doctor. People that live among others in different countries. People that pray. People that comfort.

This month we have invited a variety of individuals to Stone Hearth to talk about their Mission work. As we listen to the seriousness of their callings we will also witness the joy and playfulness that these have found in their everyday lives. Marshmallows and missionaries, a contradiction and commonality all at the

During Thanksgiving as you remember all things to be grateful for please remember our United States military.

Especially, one of our own. Tim & Shanna Keiser's son, TJ is currently at boot camp in California with the Marine Reserves. His family will have no contact with him until February when he will be



### Happy 64th Anniversary - Frank & Alice



Thomas Boyd calls his dad a "stanch Democrat" but then chuckles and refers to himself as a "soft Republican". "Dad always said work hard and save all your money." Being from a farming community it is well known that work and play go hand-in-hand. "We went on vacation once, to Yellowstone. Another vacation, he recalls, to the state fair, for one day." Probably a good chance for Frank to check out the cattle!



We are often treated to the warm family that surround the Boyd's. They have four sons and many grandchildren. The obvious love and concern that they have for each other easily extends to their immediate family and all of us as well.



## Sara Jane Ostergard

*Only a month after Gage passed away Sara Jane joined him. We have especially fond memories of Sara Jane's apron collection and television debut. She saved wonderful memorabilia and pictures, with memories to match. Most of all, we know, Sara Jane loved her family, loved the farm, loved her horses and her roses; but especially loved Gage. We will miss her quick wit, spunk for life and sincere love she so freely shared. Our condolences to the Ostergard family; you have lost so much in such a short*

This month Ernie Galvan was crowned Gothenburg High School's 2011 Homecoming King. Ernie is a linebacker for the Swede football team. He plans on attending UNK as an education major. Ernie is the son of Jessica Galvan, our Memory Supervisor. And yes, Ernie looks twice as big as his mom because he is!

Congratulations proud mom, we are proud too!



*After being nominated King Ernie decided help support Breast Cancer Awareness by advertising in the school for a pink out at their last home game. Many people not only in the stands but on the football team helped show the support for Breast Cancer. Quote, "I just have to thank everyone in my life because if it wasn't for my friends and family I wouldn't be who I am today, but the person I should thank the most is God because without him I would not have everything I do."*



## Jacque Stittle, RN Joins Stone Hearth Staff

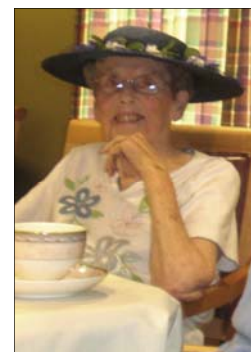
Starting November 1st Stone Hearth Jacque Stittle will be adding her talents to staffing at Stone Hearth. Jacque is originally from North Platte, she, her husband, Jeff and two-year-old, Spencer have lived in Gothenburg since last spring. Prior to coming to Stone Hearth Jacque worked at Great Plains Hospital in North Platte as an OB/NICU nurse. Jacque's main responsibilities will be professional health care for residents, staff training, and admission resource management. Welcome to Stone Hearth Jacque, we are thrilled you are here!



## Memory Moments

Just this month "Memory" has celebrated Tea & hats, Burt & Betty's Wedding Anniversary. They have spent an afternoon savoring the aroma of made-from-scratch tomato soup. They have been entertained by visiting children that read, play games and blow bubbles.

In November Reading Buddies begin. A Family Pancake Feed will be Sunday, the 13th. Memory will also be starting "Dean List in November". We are encouraging attendance to "10 Warning Signs of Alzheimer's" presented by Alexandra Dillon at the Senior Center Monday the 14th at noon.



Dode enjoying Tea & Hats

The Gothenburg Chamber of Commerce surprised Riley Putnam with the WOW award Tuesday evening at Stone Hearth Estates. Riley was nominated by a fellow employee. Quote, "Riley is a 16-year-old that works very hard but always has a smile. His integrity and work ethics are excellent for a junior in high school. He is amazing with the residents as he has a lot of patience and knows how to have fun with them. He works well with the

## WOW - RILEY

*staff and is responsible and trustworthy. As a junior in high school, he sets a great example for any age."*

Those of us at Stone Hearth are especially proud to work with Riley. He is completely dependable. He takes initiative and truly cares about his work. Our sincere "CONGRATULATIONS!" Riley.