

## May Birthdays!



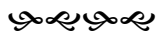
Mel Schultz 05-05

Faye Pahl 05-09

Renee Wilkens 05-19

Gladyce Youngberg 05-23

You are cordially  
invited to our



Mother's Day

Dinner

Sunday, May 8th  
from 11:30-1:30



If you have not had the pleasure of enjoying Stone Hearth's Sunday Dinner Mother's Day would be a perfect opportunity to do so.

Rod will be featuring  
-Prime Rib &  
Scampi-

Join us for the best  
Sunday Dinner in town.

Meals are \$10.99 plus tax.  
Please call in advance if you  
plan on attending.

## MEMORIAL WEEKEND

May you have a safe and  
serene Memorial Weekend.

# Seize every day!



## STONE HEARTH ESTATES

Independent Living • Assisted Living • Memory Care

Stone Hearth Estates  
110 20th Street  
Gothenburg, NE 69138

308-537-7771  
308-537-7787 Fax

www.stonehearthestates.com  
stonehearth@qwestoffice.net



Dorothea Kampfe, Dev  
Appleyard, and Rex  
Fenner.

Gothenburg Art Club will be bringing their talent for us to display. In addition we are honored to, once again, have Molly Anderson from Minden bring us her fabulous fabric creations. You might remember seeing her incredible works of art that she shared with us at our quilt show in 2010. We are thrilled to have her back.

Also, in May we will be introducing Memories in the Making (MIM). MIM is a nationally renown art project for individuals with dementia. This project came to our attention about a year ago. Thanks to Deb Bacon, employees at Stone Hearth have attended training in Denver and participated in



Bob Buddenburg's painting of  
Bonnie's patchwork coat

Once clips are attached to the ceilings at Stone Hearth you never know what "next" might be hanging in our halls. April's aprons will be folded, clotheslines dropped, and clothes pins tucked away for our next material adventure to, simply, make room. April scoot over, the month of May brings us "Art"!

Kicking us off Gothenburg High School students will be sharing their projects. Look for our own graduating senior, Amanda Bodfield's talent included in this arrangement. We are proud to feature numerous facility artists as well; Sylvia Musil, Rod Diaz,

training held here at Stone Hearth. The objective of MIM is to give people with dementia a chance to be creative as well as communicate and tell stories through their drawings. This program takes place on 2nd floor in the chapel behind closed doors with not only Stone Hearth staff but area artists volunteering their time (Cathy Simon & Donna Morris). You might have noticed the "Do not Disturb" signs. Please look for these paintings in our art show.

Amanda Bodfield will graduate from

## congratulations

## amanda

Gothenburg High School this May; she has worked at Stone Hearth since November 2008. During that time Amanda has worked in the kitchen, downstairs helping with cares; but mostly Amanda has worked in Memory.

Amanda offered this short essay about Stone Hearth and her experiences here.

*I have learned a lot from Stone Hearth. I have learned patience and unconditional love. The Staff and residents make you feel like family. I*

*have gained so many friends and gotten close to many people. When someone asks me how I know some of the residents when seen around town I tell them they are like my family. I say I help them and they help me. Stone Hearth has given me hope. Working in Memory and getting to know everyone up there has opened my eyes to all the possibilities that are available every day.*

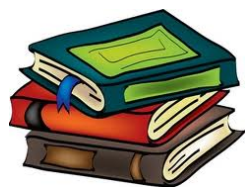
Just last week Amanda told us a story about a resident that she cares for in Memory. This resident's disease has taken her to the point where she

does not recognize her family. Yet, out of no where, she called Amanda by name. When Amanda was telling this story she had tears in her eyes.

Amanda will be moving to Lincoln in June to attend college at UNL; she will be studying Radiography, a technique that uses X-rays to view a non uniformly composed material such as the human body.

Good luck Amanda, we will miss you very much.





## Library Day

Coming in May, Gothenburg Librarian, Mary Koch, will be delivering books. Also available are books on tape. Please let Sylvia know who your favorite author is or interest and Mary will be glad to accommodate your reading pleasure.

## Wellness Checks



Every 2nd & 3rd Monday we will be offering our monthly Wellness Checks. They will be offered in the chapel on 2nd floor.

Checks will start at 3:00 PM and run until 4:00 PM. Your personal check will only take about 5 minutes. You will be receiving a courtesy call as a reminder. Thank you in advance for attending.



## Happy 70th!

May 10th, 2011 Art & Lucille Polak, life long resident of Gothenburg will be married 70 years.

Here is their address if you would like to commemorate this grand occasion:

Art & Lucille Polak  
4000 W Phillip  
Apartment #113

## ACCESSNebraska

What is ACCESSNebraska?

Who are Community Partners?

How does it affect me?



You may have heard that Nebraska Department of Health & Human Services (DDHS) will be opening Customer Service Centers across Nebraska in the near future. You may have also heard that electronic applications are being accepted by DDHS. These are both parts of the new ACCESSNebraska service delivery system.

This meeting is open to all agencies and organizations that work with people who may apply for or receive benefits from the Department of Health & Human Services. This meeting is also open to individuals interested in the Medicaid Waiver process.

Shelly Witt, Community Support Specialist will be presenting information involving transition of ACCESSNebraska. Please note this program has been rescheduled for June.

## Apron Stories

\*Rita Nelson tells about her mother's dresses, aprons, and broaches all coordinated hanging together in her closet.

\*Roy remembered his grandmother before going to town saying, "just a minute let me go change my clothes." And would return with just changing into a clean apron.

\*Sara Jane's 46 hanging aprons reminded her of the food, the work, the cleaning, by the hands of her mother and mother-in-law; with almost every apron made by hand.

\*Ann Matzke talked about her numerous spinster aunts; and the one aunt that taught her to sew. Many years later Ann realized that their aprons matched their personalities from lacy to practical.

\*A white apron with beautiful embroidery, was likely, the most unusual apron. The material used came from a Klu Klux Klan garment.

\*It was interesting to learn that men belonging to the Masonic Lodge owned ceremonial aprons that they were to be buried in. Humorously, the one displayed was obviously overlooked by his wife.

## Smile, you're on Camera!

Sylvia's innovative "Aprons in April" spurred the interest from area networks. KNOP out of North Platte interviewed three residents as well as our Program Director. The network had intended a short segment on the weekly news but after coming to Stone Hearth, seeing the aprons, and hearing the stories they decided to include a longer program. As of the writing of

this newsletter you can still see this news clip on the web, visit:

[www.knopnews2.com](http://www.knopnews2.com)

click on Search and type in Aprons.

NTV out of Kearney broadcast "Aprons in April" on their "One Tank Trip" series which aired Thursday April 28th. To view NTV's clip please visit: [www.nebraska.tv/](http://www.nebraska.tv/)

Click on "Only on NTV" and then click "One Tank Trips".



Zach Richie from NTV conducts interviews for "One Tank Trip"